

Michigan Alliance for Families

Youth Self-Determination Series-Home Activities Checklist

Session 3: Decision-Making and Problem-Solving Components of Self-Determination

Name: _____ Date: _____

Home Activities Checklist

Use the checklist below to work through the assigned home activities for Session 3.

Done	Activity
	1. Complete the Big-Deal Little Deal Home Activity
	2. Complete the Decision-Making and Problem-Solving Home Activity on Decision Making and Problem Solving <ul style="list-style-type: none"> • You can complete the longer form (and use words or pictures) <li style="text-align: center;">Or • You can complete the 1-page shortened form
	3. Review the provided Resources document for additional information on decision- making and problem solving