

My Child's Strengths and Needs Worksheet – IFSP

Use this worksheet to record your thoughts about your child.

What works for my child: Three things my child has recently learned or a new activity they enjoy:

Three activities that my child is currently working on:

Three things my child is having trouble with:

Three things I would like my child to learn within the next six months

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This worksheet covers the main areas of development that early intervention focuses on. It is also meant to help parents and caregivers collaborate with their child's team by preparing for meetings. Parents know their children best.

Skill Area	Strength(s)	Needs or Concerns	What I Hope For in 1 Year (Goals)
Adaptive Ability to adapt to various demands of normal daily living			
Cognitive Ability to think, react and learn about the world around them			
Communication Ability to exchange information, understand and express ideas			
Physical Ability to interact with the world around them, including mastering movement and balance			
Social or Emotional Ability to interact with others and self-regulate emotions			

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What works for my child:

Activities my child likes best:

My child learns best when:

How my child's challenging behavior is best redirected:

Three things that motivate my child: