

# My Transition Plan

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# What Is Transition?

- Changing to something new
- Your future
- After high school
- What to expect



# What Is Transition Planning?



- Get ready for what comes after high school
- Adulting
- Decide on goals
- Where do you want to go?
- What do you want to do?

# IEP Transition Planning

- All about you!
- Goals and supports
- Instruction and community participation
- Student-led IEP



# Speak Up!

- Transition happens over many years
- Communication with different people
- Learn new skills along the way
- Make a plan



# What are Transition Services?



- Try something new
- Ask for help
- Support team
- Prepare for college or trade school
- Prepare for employment
- Connect with adult services
- Independent living skills
- Community participation
- “Things” and services
- Unique needs



# Advice From Other Students

- Start early
- Write down goal and plans
- Write down strengths and challenges
- Communicate
- Learn about resources
- Active role
- Ask questions
- Transportation and independent living



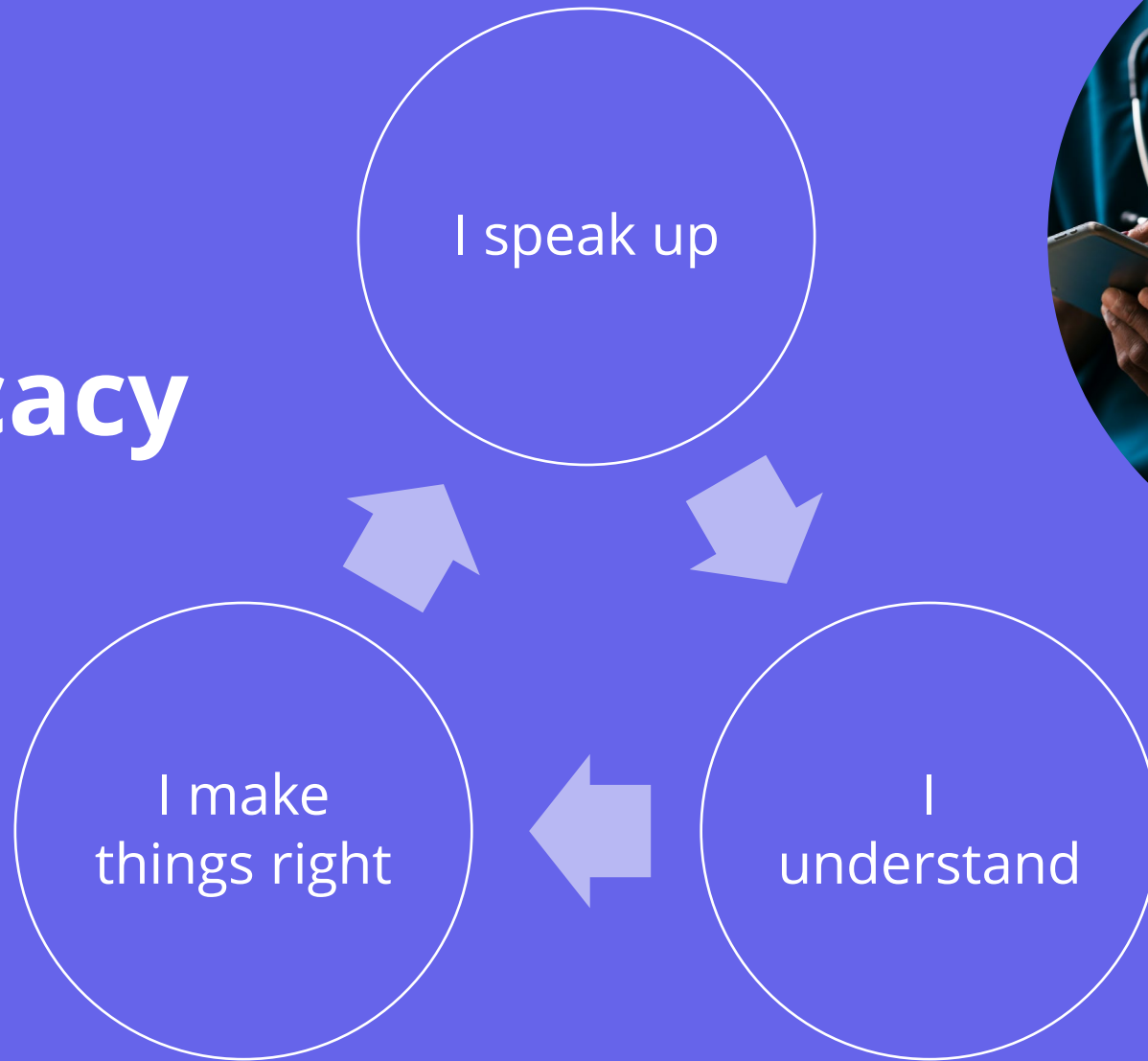
# My Strengths

- What are you really good at?
- What do you like to do?
- What are you interested in, or what do you get excited about?
- What type of skill do you want to learn?





# Self-Advocacy



# After School, the Rules Change!

- Services based on eligibility
- Proof that accommodations are necessary
- At work
- At college or trade school



# Housing



- On your own
- With friends or roommates
- With family
- In town, suburbs, or countryside?
- Buying or renting?



# Transportation

- Driver's license
- Driving schedule with family
- Bike or motorcycle
- Bus route or transit service
- Walking safely
- Taxi or Uber



# Transition Resources

- Michigan Alliance For Families - transition page: <https://www.michiganallianceforfamilies.org/transition/>
- Michigan Rehabilitation Services: [www.michigan.gov/mrs](http://www.michigan.gov/mrs)
- Bureau of Services for Blind Persons: [www.michigan.gov/bsbp](http://www.michigan.gov/bsbp)
- National Parent Center on Transition: <http://www.pacer.org/tatra/>
- Think College: [ThinkCollege.net](http://ThinkCollege.net)
- Got Transition: [www.gottransition.org/](http://www.gottransition.org/)





800-552-4821 [www.michiganallianceforfamilies.org](http://www.michiganallianceforfamilies.org)

# We are here to support you!

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[www.michiganallianceforfamilies.org](http://www.michiganallianceforfamilies.org)

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# Michigan Alliance for Families

In collaboration with



Michigan Alliance for Families is an IDEA Grant Funded Initiative of the Michigan Department of Education, Office of Special Education (MDE-OSE); the Michigan Department of Lifelong Education, Advancement, and Potential (MiLEAP); and Michigan's Federal Parent-Training and Information Center (PTIC) funded by the U.S. Department of Education, Office of Special Education Programs(OSEP).

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