

Michigan Alliance for Families

Youth Self-Determination Series-Home Activities Checklist

Series 2-Session 2: Communication Builders & Busters

Name: _____

Date: _____

Home Activities Checklist

Use the checklist below to work through the assigned home activities. You can work through these activities with your parents, siblings, peers, or other support-person.

Done	Activity
	Review the Class 2 PowerPoint and Handout on Communication Builders, Communication Busters, Think It or Say It
	Home Activity: Worksheet 1: 2-Way Conversation Home Activity: practice comments and questions
	Home Activity: Worksheet 2: Communication Builders and Busters Practice Home Activity: rate yourself on how you did using communication builders and busters
	Resources: Review the provided resources on Social Communications Skills