

Michigan Alliance for Families

Series 2-Session 3: Flexibility

Resources

Flexibility

(Note: some of the resources reference autism or ASD. These tools may be helpful for any student who struggles with flexibility, with or without autism or a disability.)

Autism Awareness Center, [Teaching Flexibility – An Important Skill](#)

Autism Teaching Strategies, [Flexibility Cards and Panels](#) (free downloadable resources)

Centervention, [Dealing with Change](#) (free downloadable worksheet)

Child Mind Institute, [Helping Kids with Flexible Thinking](#) (by Rae Jacobson)

Clutter Free Classroom, [Teaching Compromise to Students through Videos in 2023](#) (numerous video examples which model compromising and not compromising-where parents can discuss what is going right and what needs to change or improve).

Everyday Speech, [Teaching the Art of Compromise: A Guide for Special Education Educators](#) (some parents may find this resource helpful) and [Learning to Compromise: A Key Skill in Social-Emotional Learning](#)

Express Yourself, [Flexible Thinking Resources](#)

Pinterest, [Flexible Thinking](#) (many free, downloadable worksheets and tools)

Social Thinking ([Website](#)), Michelle Garcia Winter

Understood

- [How to Help Kids Build Flexible Thinking Skills](#) (by Julie Rawe)
- [The Trouble with Flexible Thinking: Why Some Kids Only See Things One Way](#), Understood (by Gail Belsky)