

## Michigan Alliance for Families

### Youth Self-Determination Series-Home Activities Checklist

#### Series 2-Session 4: Attitude, Person-Centered Planning, Supported Decision Making

Name: \_\_\_\_\_

Date: \_\_\_\_\_

#### Home Activities Checklist

Use the checklist below to work through the assigned home activities. You can work through these activities with your parents, siblings, peers, or other support person.

| Done                     | Activity   |
|--------------------------|--|
| <input type="checkbox"/> | Review the Class 4 PowerPoint and Handout on Attitude, Person-Centered Planning, and Supported Decision Making |
| <input type="checkbox"/> | Home Activity-Worksheet 1: Complete the Turning Negatives to Positives worksheet                               |
| <input type="checkbox"/> | Home Activity-Worksheet 2: Complete the Charting the LifeCourse: Exploring Decision Making Supports work sheet |
| <input type="checkbox"/> | Home Activity: Complete the Charting the LifeCourse: Starter Star  |
| <input type="checkbox"/> | Resources: Review the resources on Person-Centered Planning and Supported Decision-Making                      |